



Your child's regular attendance in school encourages academic and social-emotional success. Together, families, educators, and community members can support a child's attendance and help each student stay on the path to success.

It doesn't matter whether the absences are excused or unexcused -- each missed day represents missed learning time. Missed days add up quickly: When a student misses as few as 1.5 days a month, that's 10% of the school year. This increases the risk of academic and social-emotional struggles.

About 1 ½ absences a month = 14 days of missed school in a school year. That's missing almost a month of school!

Build Relationships	Plan Ahead	Ask For Help	Use Life Hacks
 <p>Students do best in a warm, safe and welcoming environment. We can all help by:</p> <ul style="list-style-type: none"> • Ensuring every student is connected with an adult within his or her school who can watch for issues and help with solutions. • Helping students build relationships with classmates and peers. • Planning for success by setting attendance goals and addressing possible obstacles in advance. 	 <p>Things don't always go smoothly. Planning ahead can help be ready for issues with:</p> <ul style="list-style-type: none"> • Transportation (Explore carpool, bus, safe walk/bike options.) • After school pick-up and care (Have a back-up!) 	 <p>Visit 211info.org to learn about local community resources, or ask your school for suggestions.</p> <ul style="list-style-type: none"> • Shelter, food, clothing • Health issues • Acute or chronic illness • Mental health services • Behavioral support • Oral (mouth and teeth) health 	 <p>Work on household routines to make it easier to get out the door. Find tips for the following at Every-Day-Matters.org:</p> <ul style="list-style-type: none"> • Evening routines • Homework help • Getting ready • Planning for the day



Keep Track of Time

Successful students attend school regularly, with support from all of us at school, home and the community. Track missed days here:

1	2	3	4	5		
Date	Date	Date	Date	Date		
Reason	Reason	Reason	Reason	Reason		
Satisfactory Attendance						
6	7	8	9	10		
Date	Date	Date	Date	Date		
Reason	Reason	Reason	Reason	Reason		
Satisfactory Attendance			Moderate Chronic Absence, Ask for Help			
11	12	13	<p style="font-size: 1.2em; margin: 0;">14 or more:</p> <p style="font-size: 1.2em; margin: 0;">Chronically Absent</p> <p style="font-size: 1.2em; margin: 0;">Ask for Help</p>			
Date	Date	Date				
Reason	Reason	Reason				
Moderate Chronic Absence, Ask for Help						

Too Sick for School?

Students can go to school if:

- They have a runny nose or little cough, but no other symptoms.
- They haven't taken any fever-reducing medicine for 24 hours, and have been fever-free during that time.
- They haven't thrown up or had diarrhea for 24 hours.

Keep students home if:

- They have a temperature higher than 100 degrees even after taking medicine.
- They are throwing up or have diarrhea.
- Their eyes are pink and crusty.

Call the doctor if:

- They have a temperature higher than 100 degrees for more than two days.
- They've been throwing up or have diarrhea for more than two days.
- They've had the sniffles for more than a week, and aren't getting better.

These are generally accepted guidelines. Every body is different. If you are unsure, ask your health care provider or call your school.