

This institution is an equal opportunity provider and employer.

Dates to remember:

Winter Break: December 21st - January 1st. Distance Learning resumes Monday, January 4th. January 7 - HS Conferences for 1st three classes

January 18 - No school, MLK Jr. Day 🔥 January 22nd - Midterms and Friday School day



NEXT SCHOOL BOARD MEETING: Wednesday, December 16th, at 7 pm Virtual via Zoom app



Due to COVID-19 state-wide restrictions and in keeping with social distancing, the meetings of the Corbett School District board will be conducted online.

To join the Zoom meeting: Please click the following link to join the webinar: <u>https://us02web.zoom.us/j/86432510383</u>

Public Comments: Instructions to provide public comments can be found within the meeting agenda under the "Audience Comments" section. The meeting agenda will be posted on the public BoardBook site via this link: <u>https://meetings.boardbook.org/Public/Organization/1554</u>

Board Policy Manual: The public can read the various Corbett School District Board policies. Please click this link to access them: <u>http://policy.osba.org/corbett/index.asp</u>

School Board Members:

Michelle Vo - <u>Board Chair</u> David Gorman - <u>Board Vice Chair</u> Bob Buttke, Katey Kinnear, Todd Mickalson, Todd Redfern, Rebecca Bratton

NEW RURAL, DIAL-A-RIDE SERVICE!

Thanks to state funding, a new FREE dial-a-ride service is available in rural areas of Multnomah County. Ride Connection's Dial-A-Ride program serves Multnomah County residents living in or traveling to rural areas of Multnomah County, outside TriMet's service district. All rides must begin and end within Multnomah County.

Transportation is provided by Ride Connection's contracted service providers, using a combination of sedans and wheelchair-accessible vans, depending on a customer's mobility needs. The service is for dial-a-ride trips, rather than a scheduled service with routes. For more information visit this website:

<u>https://multco.us/transit-services/rural-multnomah-county-dial-ride</u>. Rides will be available Monday through Friday, from 8am to 4:30pm.

FROM INTERIM SUPERINTENDENT DAN WOLD...

Capital Projects Bond -

We all want to express our deepest thanks to our community members for passing the bond! We can now start to address infrastructure, Americans with Disabilities Act, Career and Technical Education, Title IX, and safety issues for our scholars and educators. As part of the promise to the community, the Corbett School District is establishing the Bond Oversight Committee (BOC)



to work with the district in monitoring the expenditure of the bond funds. Please see the documents regarding the committee on our website at:

https://corbett.k12.or.us/2020/11/19/bond-oversight-committee/

If interested, complete and submit the application form by Thursday, December 10.

COVID-19 Metrics and Guidance -

The metrics for reopening our schools to in-person learning were modified, giving us hope for implementing our plan of bringing our students of highest need onto campus in December. However, we have since seen a spike in cases and positivity rates, and Multnomah County has prohibited any reopening for at least four more weeks. We will continue to make ready to receive as many students as we safely can as soon as we are allowed.

Technology Director Chris and Curriculum Director Holly have added information to our website under the top banner that reads "COVID-19UPDATE":

https://corbett.k12.or.us/2020/11/17/covid-19-update-11-17-2020/

In addition to a message and graphics that show clearly where we are in relation to meeting reopening standards, there are links to more information.

Supports -

As Comprehensive Distance Learning and Social Distancing continue further into the school year, we are seeing an increase in students and families in need of both academic support and mental health resources. Links to both of these, including a link to request tutoring, are on our website. Under "PARENTS" or "STUDENTS" on the top banner, there are links to "STUDENT SERVICES", "COVID-19 RESOURCES", and "MENTAL HEALTH RESOURCES."

Athletics -

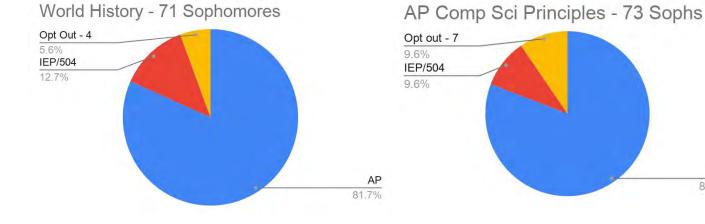
Under the latest guidance, we may begin limited athletic conditioning when we are cleared for Limited In-Person Instruction (LIPI). These practices must be outdoors and not include physical contact, and protocols must be followed regarding masks, capacity, cleaning, and equipment.

IMPLEMENTATION UPDATE for HIGH SCHOOL AP POLICY - from Mrs. Childress, HS Principal

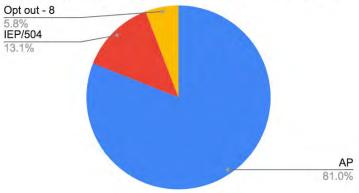
This year has seen many changes, some planned for, and some not. A "planned for change" has been an adjustment to the Advanced Placement (AP) course requirements in the high school. For the first time, students will have a choice in the assessment level of certain courses as tenth through twelfth graders, as long as they meet the graduation requirement of four AP courses. In early November, students were sent a form that asked if they would like to change from an AP level to a high school level in certain courses. Parents were then asked if they supported that change. Families and students were reminded of the benefit of a district-funded AP assessment, as well as the power of AP courses on their transcript.

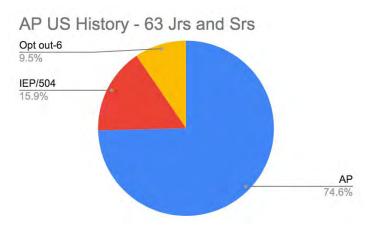
We were pleasantly surprised at how few students chose to take the high school level courses. Students who receive student services (IEP's and 504's) have never been required to participate in AP assessments, although many of them choose to. Of our 325 ninth through twelfth graders, 84% have signed up for AP course assessments. This is a testament to the ability of our students and educators to take on challenging curriculums.

The charts represent the information that we have as of November 16th for students choosing to take AP level assessments in courses where they have a choice in level.



AP Language and Comp - 137 Jrs and Srs





AP

80.8%

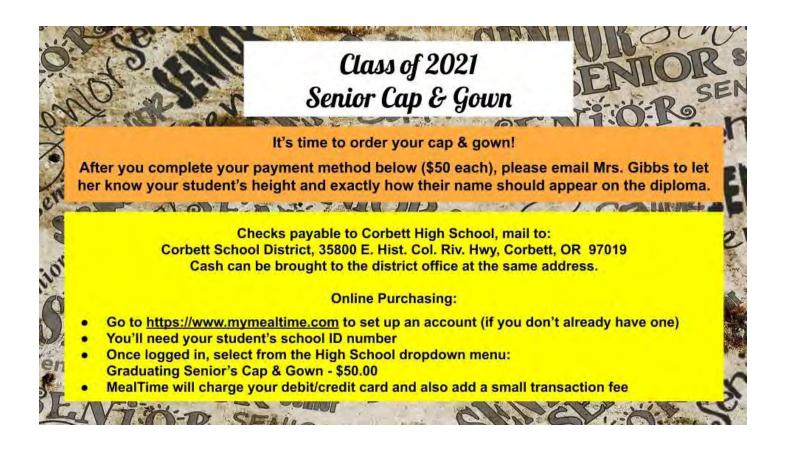
HIGH SCHOOL CTE UPDATE - from Mrs. Childress, HS Principal



The high school continues to move forward in strengthening programs of study in CTE, (Career Technical Education). In addition to the current computer programming strand and the Engineering through Manufacturing program, we are developing a Woodworking to Small Structure Construction program of study. The challenge of a "hands-on" course like woodworking in distance learning has been real, but Mr. Bryan Estes has done a great job of pivoting to a computer-aided design curriculum until he can get actual tools into students' hands when they come back to campus. Mr. Zach Goude has been

instrumental in planning for the adaptation of his current classroom into a space that can support both the woodworking and engineering courses, and remodeling has begun.

One of our main challenges to building the CTE program has been an on-going facilities issue. We are very fortunate and thankful that the recent bond passed, but building significant additional "Maker Space" is not currently in the budget, as there are pressing safety and maintenance needs across the campus that will use most of the bond funding. We are starting conversations with the architects to investigate some lower-cost options for storage and workspace. If you have connections with a significant community partner who would be willing to help fund or construct an additional Maker Space for the high school, let us know!



CONTENT AREA STUDIES for the YOUNGEST SCHOLARS - by Mrs. Wold, GS Teacher

The K/1 students have been studying some exciting topics in social studies and science. So far, they have learned about the sun and moon; seasonal nature; and mapping skills.

The teachers have been sending supplies to the youngest students each week, with the goal that children will spend a significant portion of their school day away from screens, working with the same types of materials they would use if they were in the school building.

In the pictures, you'll see a few of our projects: making astronauts, showing the phases of the moon through Oreo cookies, spider crafts, and map projects.









MIDDLE SCHOOL ARTISTS - by Mr. Houck, MS Teacher

This year in the middle school, every student takes art two times a week. Even though this seems like it would be tricky to do via Zoom, we've had a lot of success (and a lot of fun!) so far. Students are learning the seven elements of design, and we've already explored line, shape, and space. Weekly projects have included blind contour drawings, 'zentangles,' tessellations, positive/negative space cutouts, and more. Here are some student pieces, with descriptions in their own words.



"I used to make zentangles all the time when I went to Sweetbriar Elementary, so it made me really happy and excited to make one this year for my art class now. When my teacher was scrolling through the web showing us some examples of zentangles, there was one really cool looking one that he said would be more 'advanced'. That's why I decided to prove that it would be easy enough for me to make, and I guess I did. Listening to music helps me focus better, and when "Fire Drill" by Melanie Martinez came on, that's what gave me the idea for the fire pattern. All I did next was look around my room and that's when more ideas came to me."

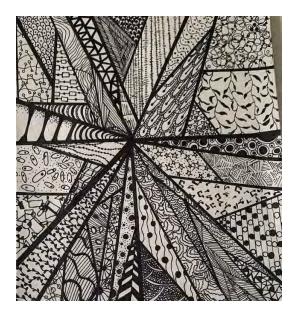
- Madi Doyle (7th grade)



"For my blind contour drawing, I chose to draw my sister's face. She has round (Harry Potter-style) glasses, and I thought the shape of her glasses complimented her facial shape. I then decided to add watercolor, as this is a softer look and perhaps more abstract. I like the way it blends together. Even though I don't think that she looks realistic, I like the way that it seems kind of abstract. In class, we went around in a circle saying things that we wanted to work on as an art student and abstract art was one thing that I wanted to work on."

- Ariana Schreiner (6th grade)

MIDDLE SCHOOL ARTISTS, continued...



"We were learning about the value of line and I think this art project shows what you can do with lines. I was inspired by a shattered glass effect, making each shard a different zentangle design. I included over 40 different designs. I also tried to add different designs in different areas, expanding the variety. For example, if I had a new idea for two designs but both included circles, I would save one of the designs for later so they would not be next to each other. This piece was not inspired by anything in particular, but this was during the start of the year, so my life was pretty busy, which might have something to do with all the compact zentangles. When I look at this piece, I automatically see the bold lines and zentangles, then I travel to the bigger ones. I really enjoyed doing this project, and every shard was equally fun."

- Olivia Young (7th grade)

2020 - 21 Yearbooks Gr. 8 (main campus) through Gr. 12

ON SALE NOW, \$27 each!

Checks payable to Corbett High School, mail to: Corbett School District, 35800 E. Hist. Col. Riv. Hwy, Corbett, OR 97019 Cash can be brought to the district office at the same address.

Online Purchasing:

- Go to https://www.mymealtime.com to set up an account (if you don't have one)
- You'll need your student's school ID number
- Select from the High School dropdown menu: Grades 8-12 Yearbook \$27.00
- MealTime will charge your debit/credit card and also add a small transaction fee

Senior pictures will not be due until February.

NOVEMBER STUDENTS of the MONTH

We'd like to recognize the 8/9 Academy and Corbett High School *Students of the Month*! These students were nominated by their teachers as being individuals who best represent the RISE values: <u>Respect</u>, <u>Inclusion</u>, <u>Success</u>, and <u>Excellence</u>.



8th Grade: Taylor Young

Taylor is always so kind and respectful, and goes out of her way to be helpful to those around her. -- Mrs. White

Taylor is a bright light in my online classroom. She is always prepared, has a smile on her face, and works so well with her classmates! I feel so fortunate to have her in my class this year, and I look forward to teaching her over the next two years. -- Mrs. Radulesk

Taylor has demonstrated what being an excellent student is during online learning. She actively participates, completes all her work thoroughly and on time, shares her video and offers answers when other students are quiet. I look forward to working with Taylor in person when we return to the building. -- Mr. Wise

Taylor is proactive, seeks clarification when needed, and works hard to exceed expectations. I appreciate her contributions in class! -- Mr. Young



9th Grade: Meagan Hyzer

Meagan is a conscientious, hard working, respectful young lady. She supports her peers and consistently seeks excellence in all of her work. -- Mr. Rondema

Meagan is steadfast in her academic integrity and effort. I know I can always count on her to be prepared for class and to present high-quality, thoughtful work. She always has her camera on, willingly participates in discussions, and is mature beyond her years. I feel grateful to be her teacher! -- Mrs. Radulesk



10th Grade: Maiya DeBruin

Maiya DeBruin is a fantastic participant during Zoom class. She is positive, insightful, and energetic—hard to do in Zoom! I'm so glad she is part of my class this year. -- Ms. Lizio-Katzen

Maiya is conscientious and hard working. She looks ahead and manages her time well. I love how she participates in class discussions and is quick to ask questions. She is a pleasure to have in class! -- Mrs. Davis

I had Maiya the last six weeks and she was SO participatory. It made teaching virtually feel so much better. Thank you, Maiya! -- Ms. Thole

NOVEMBER STUDENTS of the MONTH...continued



11th Grade: Sophie Taylor

Sophie Taylor is a tremendously lovely person and dedicated student. She is so kind to everyone and seems to always have a smile on her face. I appreciate her in the physical classroom and she's just as active a participant on Zoom. I'm so glad I continue to have the luck of having her as a student! -- Ms. Lizio-Katzen

Sophie Taylor is a ray of sunshine. She ALWAYS has a smile on her face. Sophie is always willing to help and goes the extra mile. -- Mrs. Gibbs

Sophie is consistently positive and cheerful. She brings joy to class each and every day. -- Mr. Rondema

Sophie is a kind positive ray of sunshine, she just brightens the room. She is hardworking and on top of things. It's great to teach her again this year in yoga. -- Mrs. Ducey

Sophie is a very kind hearted person that demonstrates compassion for all of her peers. She is well organized and works hard to be successful. She is a pleasure to have in class. -- Mr. Wise

I don't have Sophie this year, but I know her to be warm and helpful. I so appreciated her smiles, and especially how she always organized the turn-in piles for me! Thank you, Sophie. :) -- Ms. Thole



12th Grade: Tolinda Sumpter

Tolinda Sumpter is a lovely, kind, and thoughtful student. She works hard and is a fantastic person to have in your group or class. Our school is lucky to have Tolinda! -- Ms. Lizio-Katzen

Tolinda has been a wonderful member of Corbett. In addition to always staying positive—even through difficult circumstances and challenges—she goes out of her way to help classmates, and is very encouraging. -- Mrs. White

Tolinda is earnest and hardworking. She is committed to doing her best work. She is kind and helpful to her peers. Tolinda is a great part of our yoga community. And dang, have you seen those fingernails!!! -- Mrs. Ducey

Tolinda goes above and beyond to be helpful. When she was my student last year she would offer to help with passing out papers, cleaning my boards etc. It didn't go unnoticed. Additionally, Tolinda works hard in her classes and engages actively with her peers and teachers. She is an excellent student and person. -- Mr. Wise

Tolinda isn't shy about turning on the video and unmuting to participate in class. She works hard to create a positive educational experience for herself and others in the class. -- Mr. Young

I taught Tolinda her sophomore year, and I remember that she was always a bright spot in class. She always had a smile to offer and a good attitude for class. Thank you, Tolinda! -- Ms. Thole

CEF SCHOLARSHIP SUPPORT ONGOING THROUGH RESTAURANT EVENTS

Partnerships between Corbett Education Foundation (CEF) and local restaurants continue to earn dollars for our scholarship program. So far, we've earned enough funds from events at Panda Express and Chipotle to nearly fund two scholarships for Corbett graduates this coming spring. **THANK YOU TO EVERYONE WHO PURCHASED A MEAL DURING THESE EVENTS!**

While additional COVID-19 restrictions have been enacted for Multnomah County for the next few weeks, our partnerships with local restaurants continue to provide opportunities for you to help generate scholarship funds via take-out, pick-up, and delivery orders. Our next fundraiser will be at <u>Mod</u> <u>Pizza</u> on <u>Thursday</u>, <u>December 3rd</u>, (1844 NW Eastman Parkway, Gresham, Oregon). At no additional cost to you, Mod Pizza will award 20% of proceeds earned from this event toward scholarships. To help Mod Pizza adequately



prepare for this event, please use the following link to 'reserve' your spot as soon as possible. <u>https://www.groupraise.com/events/165662</u> Orders can be placed via the Mod Pizza online order website. Just be sure to use coupon code GR165662C.

Another way you can help us fund scholarships is through your holiday shopping. At no cost to you, smile.Amazon and Fred Meyer will provide funds to CEF based on the amount you spend. Just add Corbett Education Foundation to your Amazon account profile and/or your Fred Meyer card. Both programs are accessed via their respective websites. Best part is, you don't pay any additional fees. Just shop as you normally do and CEF's scholarship program benefits!

Happy Friday Shop your Black Friday deals at smile.amazon.com or with AmazonSmile ON in the app and Amazon donates

Should you have any questions regarding any of these CEF items, please contact any CEF board member. You may send messages to <u>dgranberg@corbetteducationfoundation.org</u> or to <u>tlarsen6200@msn.com</u>. Be advised, these mailboxes are not monitored on a daily basis, so it may take time to receive a reply.

We thank you for your interest in the Corbett Education Foundation and we hope you are able to support us **at Mod Pizza on Thursday, December 3**rd!

FROM the HEALTH ROOM

December makes me want to build a big fire, stay warm, and not do as much physical activity, but our hearts, lungs, and bodies need us to stay moving.

The CDC has a great reminder that students 6-17 years of age need **60 minutes (1 hour)** or more of moderate-to-vigorous intense physical activity daily. Source: Physical Activity Guidelines for Americans, 2nd edition. Available at



<u>https://health.gov/paguidelines</u>, Centers for Disease Control and Prevention, Division of Nutrition, Physical Activity, and Obesity AUGUST 2019.

If you and your student can't do a full 60 minutes at a time, try to do smaller chunks of 10-15 minutes several times a day. The American Heart Association has given us some great ideas to consider for the outdoors:

• Brisk walking or hiking, jogging or running, raking leaves, shoveling snow, ice skating, sledding, cross-country skiing, and snowshoeing.

The AHA reminds us to dress in layers and stay well hydrated: <u>https://www.heart.org/</u>. I would like to hear the creative and fun ways our Corbett students and families are keeping in motion during the winter time.

Stay Strong and Healthy! Julie Nakamura, RN

SCHOOL COUNSELING SERVICES

For questions about access to resources at Corbett School District, please call Student Services at (503) 261-4235.

School Psychologist:

Dawn Becker – dbecker@mesd.k12.or.us – 971-238-1815

Counselor (K-7):

Vanessa Knight - vknight@corbett.k12.or.us - 503-261-4241

Counselor (8-12):

Helen Leedom - hleedom@mesd.k12.or.us - 971-236-2754

Behavior Consultant:

Anna McNeely – amcneely@mesd.k12.or.us – 503-750-7281

DIVERSE VOICES & ACHIEVEMENTS



December 1st is Rosa Parks Day. Mrs. Parks was an American activist in the civil rights movement best known for her pivotal role in the Montgomery bus boycott. The U.S. Congress has called her "the first lady of civil rights" and "the mother of the freedom movement".

On December 1, 1955, in Montgomery, Alabama, Mrs. Parks, a seamstress at a local department store, rejected a bus driver's order to relinquish her seat to a white passenger. After her arrest for civil disobedience in violating

Alabama segregation laws, the black community boycotted the Montgomery buses for over a year. A federal Montgomery bus lawsuit resulted in a decision that bus segregation is unconstitutional under the Equal Protection Clause of the 14th Amendment to the U.S. Constitution.



December 2nd is International Day for the Abolition of Slavery. On December 2, 1949, the U.N. General Assembly adopted the "United Nations Convention for the Suppression of the Traffic in Persons and of the Exploitation of the Prostitution of Others". The focus of this day is on eradicating contemporary forms of slavery, such as trafficking in persons, sexual exploitation, the worst forms of child labor, forced marriage, and the forced recruitment of children for use in armed conflict.



December 10th is International Human Rights Day. On December 10, 1948, the U.N. General Assembly adopted the Universal Declaration of Human Rights, a milestone document proclaiming the inalienable rights which everyone is inherently entitled to as a human being regardless of race, color, religion, sex, language, political or other opinion, national or social origin, property, birth or other status. Available in over 500 languages, according to Guinness World Records it is the most translated document in the world.



"Where, after all, do universal human rights begin? In small places, close to home -- so close and so small that they cannot be seen on any maps of the world. [...] Unless these rights have meaning there, they have little meaning anywhere. Without concerted citizen action to uphold them close to home, we shall look in vain for progress in the larger world." - <u>Eleanor Roosevelt</u>

DECEMBER CELEBRATIONS:

Dec. 10 - 18, Hanukkah Dec. 21, Winter Solstice Dec. 25, Christmas Dec. 26 - Jan. 1, Kwanzaa Dec. 31, New Year's Eve

CORBETT MATH STUDENTS PLACE in NATIONAL COMPETITION!



Some of our high school advanced math students are competing in an ongoing math competition, the Caribou Cup, through Caribou Contests. There are 450 students in the competition from many different states.

After two rounds (out of six), Corbett students are ranked 6th, 7th, 8th, 9th, 22nd, and 23rd in the country! Congratulations and good luck in the upcoming rounds!!

| 2nd Round National Rank | <u>Name</u> |
|-------------------------|----------------------------|
| 6th | Alexa Gentry, 9th grade |
| 7th | Olivia McGrew, 9th grade |
| 8th | Mia LaFramboise, 9th grade |
| 9th | Alex Davidovici, 9th grade |
| 22nd | Eden Conti, 10th grade |
| 23rd | Isaiah Irving, 9th grade |

PTA NEWS for DECEMBER!

Happy Holidays from the Corbett PTA!

Thank you to everyone who promoted and donated to MOVE-A-THON! The students did great and did a lot of moving!!! The teachers put out some fantastic MOVE-A-THON videos that both inspired and had us laughing.



It's online shopping season, please support the Corbett PTA when you shop at Amazon: <u>smile.amazon.com</u> and select "Corbett Elem PTA"

Reminders:

- Please continue to scan those receipts for Box Tops!
- Upcoming PTA meeting is via Zoom on December 10th at 6:30pm.
- Follow us on Facebook at: <u>https://www.facebook.com/Corbett-PTA-104602239580480</u>
- Follow the grade school on instagram: <u>https://www.instagram.com/corbett_grade_school</u>

INCLEMENT WEATHER & DISTANCE LEARNING EXPECTATIONS

Comprehensive Distance Learning will continue for students on snow and ice days even if school is closed to staff due inclement weather. Teachers will teach remotely, and students will participate remotely, just as is occurring now. Power outages would, of course, not make this possible. But as long as there is power, learning can continue!



CHAMPS CORNER

Wreath Sales Pick Up

A big thank you to all of the families and friends who ordered holiday wreaths to help support the fundraising efforts for our CHS Seniors! Mark your calendars as we will be distributing the wreaths at the grade school (main campus) on the following dates/times: **Friday, Dec. 4th: 5-7pm & Saturday, Dec. 5th: 9-11am**

Bottle/Can Fundraiser

Dear CHS Parents,

We could use your help for our bottle/can fundraiser in one or all of the following ways:

BAGGING: One day a week you would move cans/bottles from the collection bins located in Springdale that are outside the trailer to the inside. You would then bag what is in the trailer into the blue bags that are used for fundraisers. Several of our parents do this with a family member or friend. As it's gotten darker earlier, we could really use parents who can do this during the day.

DROP OFF: We are in current need of parents who have a pickup or trailer and can do drop offs. Currently a couple parents with cars/suvs are making multiple trips during the week to various drop off centers, as each site only allows ten bags at a time. This is not ideal. The drop centers will let us make arrangements to drop off all our bags pre-scheduled. We are looking for parents who can schedule drop offs each week with all of our sorted bags. If we are able to get multiple parents who can help, we can then rotate weeks.

Do you like to demo, are you handy? There is currently a very large wood "sorting table" with metal legs that takes up a lot of space and is no longer needed. We would like to have it dismantled and hauled off. Maybe the wood could be used to make new lids for our current bins? Not sure about the metal legs.

Please contact CHAMPS Bottle/Can Coordinator, Heather Glasheen, at champsoregon@gmailcom.

Party Planning

Do you like to plan parties? We are looking for creative parents to ideate and plan for honoring and celebrating our 2021 graduating class. We are looking to hold our first meeting in early January. If you are interested in helping, please contact CHAMPS President, Tamie Tlustos-Arnold, at champsoregon@gmail.com.

Dining Fundraisers

We desperately need help to coordinate dining fundraisers for the balance of the school year. One of our parents has done some ground work and identified a handful of local dining establishments that offer fundraising, we just need someone to coordinate dates and communicate this information. If you are able to help coordinate one or more of these events please contact CHAMPS President, Tamie Tlustos-Arnold, at champsoregon@gmail.com.

CHAMPS Parent Meeting

Parents of seniors, please join us for our December parent meeting on Thursday, Dec. 17th, at 6pm. An invite to the Zoom meeting will be sent to all of those parents who are currently on the 2020-21 parent email list. Please contact Tamie at champsoregon@gmail.com to ensure your name is on this communication tool.

INFORMATION for PARENTS

McKinney-Vento Act: Homeless Education Program

If your family lives in any of the following situations:

- In a shelter
- In a motel or campground due to the lack of an alternative adequate accommodation
- In a car, park, abandoned building, or bus or train station
- Doubled up with other people due to loss of housing or economic hardship

Your school-age children may qualify for certain rights and protections under the federal McKinney-Vento Act.

Your eligible children have the right to:

- Receive a free, appropriate public education.
- Enroll in school immediately, even if lacking documents normally required for enrollment.
- Enroll in school and attend classes while the school gathers needed documents.
- Enroll in the local school; or continue attending their school of origin (the school they attended when permanently housed or the school in which they were last enrolled), if that is your preference.
 - If the school district believes that the school you select is not in the best interest of your children, then the district must provide you with a written explanation of its position and inform you of your right to appeal its decision.
- Receive transportation to and from the school of origin, if you request this.
- Receive educational services comparable to those provided to other students, according to your children's needs.

If you need further assistance with your children's educational needs, contact Corbett School District's Local Liaison, Melissa Davis, by email at mdavis@corbett.k12.or.us, or by phone at 503-261-4202, or, Director of Student Services, Jeanne Swift, by email at jswift@corbett.k12.or.us.

If you believe your children may be eligible, contact the local liaison to find out what services and supports may be available.







STUDENT HEALTH CENTERS

Our Services:

- · sports physicals
- annual exams
- immunizations
- flu shots
- COVID-19 testing
- · reproductive health
- prescriptions
- lab tests
- counseling

Call for an appointment

8:45 am - 4:45 pm

- David Douglas 503-988-3554 Mon-Fri: Phone, video & in-person visits 1034 SE 130th Ave
- Parkrose 503-988-3392

Tue-Fri: Phone, video & in-person visits Mon: Phone & video appointments only 12003 NE Shaver St

Roosevelt 503-988-3909

Mon-Thu: Phone, video in-person visits Fri: Phone & video appointments only 6941 N Central St

Serving Multnomah County K-12 youth with or without insurance. There is never an out-of-pocket cost.



www.multco.us/student-health

During COVID-19 You Are Not Alone

We know physical distancing creates increased concerns and there is help.



For a list of complete resources visit: oraler t.gov/not-alone

All of these help lines offer translation services and are confidential.

- National Suicide Prevention Hotline: 1-800-273-8255
- National Domestic Violence Hotline: 1-800-799-7233
- RAINN National Sexual Assault Hotline: 1-800-656-4673
- Youthline: 1-877-968-8941 or TEXT teen2teen to 839863 Teens available 4-10pm Pacific Time.
- Oregon's SAFEline: 1-855-503-7233 (SAFE)
- Report abuse, neglect, financial exploitation or self-neglect of an adult or child.
- Aging and Disability Resource Connection: 1-855-673-2372 (ORE-ADRC)

For more resources, you can CALL: 211 or 1-866-698-6155. TTY: dial 711 and call 1-866-698-6155. TEXT: your zip code to 898211 (TXT211). EMAIL: help@211info.org

If you can't use this, maybe you know someone who can. Keep our communities strong.

You can get this document in other languages, large print, braille or a format you prefer. Contact Oregon.MassCare@state.or.us. We accept all relay calls or you can dial 711. DHS 2468A



CHILD FIND

Public schools will ensure that all students with disabilities who are eligible for kindergarten through 21 years of age, residing within their attendance area, have available to them a free and appropriate public education in the least restrictive environment. The rights of children with disabilities and their parents will be protected in accordance with state and federal laws.

School districts must locate and identify individuals who have disabilities from birth to age 21. If you or someone you know has a child with a disability who may be in need of special education and related services, you can initiate a referral through your local schools. The following is a list of Multnomah County school districts:

| Centennial School District | 503-760-7990 |
|-----------------------------------|--------------|
| Corbett School District | 503-261-4235 |
| David Douglas School District | 503-261-8209 |
| Gresham-Barlow School District | 503-261-4650 |
| Parkrose School District | 503-408-2118 |
| Portland School District | 503-916-3152 |
| Reynolds School District | 503-661-7200 |
| Riverdale School District | 503-262-4840 |
| Multnomah Early Childhood Program | 503-261-5535 |

Keep your family **covered** this school year





Free health coverage offered by the state of Oregon

The Oregon Health Plan (OHP) is available to all children and teens, regardless of immigration status who:

- Are younger than 19
- Meet income and other criteria

Apply today. Help is free.

Call 833-OHP-FORU (833-647-3678) or find a local certified community partner at OregonHealthCare. gov/gethelp.

| Household size | Monthly income limit for OHP for adults* | Monthly income limit for OHP for children |
|-------------------|------------------------------------------------|-------------------------------------------------|
| 1 | \$1,467 | \$3,243 |
| 2 | \$1,983 | \$4,382 |
| 3 | \$2,498 | \$5,521 |
| 4 | \$3,013 | \$6,659 |
| 5 | \$3,528 | \$7,798 |

*Pregnant individuals qualify at a higher monthly income limit.

Don't qualify for the Oregon Health Plan? You still have options!

HealthCare.gov deadline: Dec. 15



Apply for OHP

| Household size | Yearly income limit for financial help |
|-------------------|----------------------------------------------|
| 1 | \$51,040 |
| 2 | \$68,960 |
| 3 | \$86,880 |
| 4 | \$104,800 |
| 5 | \$122,720 |

Kids, teens, and adults may qualify for financial assistance if they buy a plan through HealthCare.gov and earn less than the yearly household income shown to the left, if not eligible for OHP.

- Go to HealthCare.gov or call 800-318-2596 (toll-free) to enroll by phone.
- Find free, local assistance from an insurance agent or community organization that can help you apply and enroll at OregonHealthCare.gov/gethelp or by calling 855-268-3767 (tollfree) from 8 a.m. to 5 p.m. Monday through Friday.

The information contained in this flier is not sponsored nor endorsed by the school district.

440-5160 (9/20/HIM)