

# Can my student go to school today?

Answer these 4 questions and follow the arrows to see if it is okay to send your student to school today.

1. Has your student been diagnosed or suspected of having COVID-19?

YES

2. Is your student experiencing:

- Cough,
- Fever of 100.4 or higher,
- Chills,
- Shortness of Breath,
- Difficulty breathing, or
- New loss of taste/smell?

YES

3. Has your student been in close contact\* with a positive COVID-19 case?

YES

4. Is your student experiencing any other symptoms that may be related to COVID-19: Fatigue, muscle or body aches, headache, sore throat, nasal congestion or runny nose, nausea or vomiting, diarrhea?

YES

1. **STAY HOME. NOTIFY YOUR SCHOOL AS SOON AS POSSIBLE.**
2. The school nurse will reach out to you to help you with the next steps. (Julie Nakamura jnakamura@mesd.k12.or.us)
3. Seek testing from healthcare provider. If you do not have a provider and need assistance finding a testing site, call 211, or contact the school for support.

*If COVID-19 test is negative:*

- Isolate at home until 24 hours after fever is gone, without use of fever-reducing medicine, and symptoms are improving.
- If you have had contact with positive case in past 14 days, you must isolate at home for 10 days since symptoms first appeared.

*If COVID-19 test is positive:*

- Isolate at home for 10 days after symptoms first appeared and until 24 hours after fever is gone, without use of fever-reducing medicine, and other symptoms are improving.

*If you do not get tested for COVID-19:*

- Isolate at home for 10 days after symptoms first appeared and until 24 hours after fever is gone, without use of fever-reducing medicine, and other symptoms are improving.

1. **STAY HOME. NOTIFY YOUR SCHOOL AS SOON AS POSSIBLE.**
2. The school nurse will reach out to you to help you with the next steps.
  - Quarantine at home for 14 days after date of last exposure to the COVID-19 positive contact. If additional household members become ill with COVID-19, or if the exposed person cannot avoid continued close contact, the length of quarantine may be >14 days.

Contact your healthcare provider for recommendations & if symptoms develop.

1. **STAY HOME. Monitor symptoms.**
2. **NOTIFY YOUR SCHOOL AS SOON AS POSSIBLE.**
3. The school nurse will reach out to you to help you with the next steps.

NO

Go to  
School



\* The definition of exposure(Close Contact) is being within 6 feet of a person who has COVID-19 for at least 15 total minutes in a day (with or without a mask).

**Emergency Symptoms (call 911):**

Trouble breathing, Persistent pain or pressure in chest, New confusion or inability to awaken, Bluish or greyish lips or face, Other severe symptoms.