

Corbett School e-Newsletter

Stay Healthy, Be Kind.

January 2022

This institution is an equal opportunity provider and employer.

Dates to Remember:

January 3 - Classes resume
January 17 - Martin Luther King Day, no school
January 21 - Friday, school in session to make up for MLK Day
January 27 - HS conferences

REGULAR SCHOOL BOARD ZOOM MEETING



Wednesday, January 19, 7 pm

To join the Zoom meeting: The meeting agenda containing the Zoom link will be posted when ready here: https://meetings.boardbook.org/Public/Organization/1554

The agenda will also provide instructions for public comments.

2021-22 School Board Members: Michelle Vo - <u>Board Chair</u> Todd Mickalson - <u>Board Vice Chair</u>
Bob Buttke, Katey Kinnear, Todd Redfern, Rebecca Bratton, David Granberg
Student Representative - Galilea Rios-Schultz

Regular board meetings are held the third Wednesday of each month, except where noted (*), at 7 pm. Everyone is welcome, and each meeting includes time for public comment. Future meetings:

February 16, *March 9*, April 20, May 18, and June 15

SITE COUNCIL ZOOM MEETING: Monday, January 10th, at 5pm

The meeting link and agenda can be found at: https://meetings.boardbook.org/Public/Organization/1554

Public questions and comments can be entered using the chat function during the meeting, or can be emailed no later than Thursday, January 6, at 5 pm to Michelle Dawkins at: mdawkins@corbett.k12.or.us.

The Site Council is charged with the following responsibilities according to the Oregon Education Act for the 21st Century:

- The development of plans to improve the professional growth of the school's staff;
- The improvement of the school's instructional program:
- The development and coordination of plans for the implementation of programs under this chapter at the school:
- The administration of grants-in-aid for the professional development of teachers and classified district employees.

The Site Council's recommendations shall not interfere with the duties, responsibilities, and rights of a duly elected school district board.

FROM INTERIM SUPERINTENDENT DAN WOLD...

<u>Volunteers</u>: We are now able to allow a limited number of volunteers into the classrooms! Classroom volunteers must be fully immunized and wear approved face covering. Contact your student's principal if you are interested.

New Quarantine Guidance: Two modified quarantine programs will begin in January. Under Test-to-Stay, unvaccinated students who are determined to be a "close contact" due to a classroom exposure, and are not having any symptoms of COVID, can take an antigen test. If the student tests negative, the student's quarantine is modified. The student may stay in school and participate in all activities, but must wear a mask at all times except when actively eating or drinking, including during athletics participation.

Another test is administered 5-7 days into the quarantine, and if that test is negative and the student remains asymptomatic, the student may remain in school and no further testing is needed. A signed parent permission form needs to be on file at school before school personnel can test a student.

The other modification applies to students who are quarantined due to an exposure outside the classroom. In this program, students who are unvaccinated and asymptomatic can take an antigen test on their seventh day after their exposure, and if the test is negative may return to school on day eight.

Complete information can be found through this link:

https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le3560.pdf

<u>Corbett Athletics</u>: A small group of passionate stakeholders is looking at ways we might improve the athletic experience during their years in Corbett School District. For the most part, our teams are experiencing success, and under the latest OSAA proposal we will be moving down a division to 3-A. This is an opportune time to look at the overall program. The group is meeting monthly to answer these questions:

- 1. Where are we now in terms of offerings, participation, success, facilities, and budgets? (December and January)
- 2. Where would we like to be in terms of offerings, participation, success, facilities, and budgets? (February and March)
- 3. How can we get there? (April and May)

We hope to leave this plan, with action steps and timelines, by the end of June for my successor.

Athletic Contests: Speaking of athletics, OSAA and MCHD still require that proper face coverings be worn by spectators at indoors venues. Our individual opinions on this issue, and what they do in other states and counties, can make this confusing and frustrating. Still, your cooperation is not only appreciated but required; we can be fined, sanctioned and have to forfeit contests as a result of noncompliance. I dislike wearing a mask as much as the next guy, but I figure if our 6-year-olds can wear a mask for seven hours I can wear one for the length of a game...

<u>Bond Project</u>: Design for the Woodard Campus (future Corbett Middle School) is complete and we are waiting for approval from multiple agencies. Several people have asked about the usefulness of the now-empty building on East Historic Columbia River Highway that is adjacent to our property (old grade school site) and across from the post office. It was before my time, but I have been told by board members that this option was thoroughly investigated four years ago and eliminated due to ADA and septic issues. We are continuing work on preparing to take the Grade School re-roofing project to bid.

<u>Appreciation:</u> I want to publicly thank retiring office assistant Debbie Schneider and retiring transportation specialist Joe Schneider for the friendliness and support they showed me. I wish them all the best!

Application for the Superintendent Search

Screening/Interview Committee

The Corbett School Board is asking for assistance in selecting the district's next superintendent. The board will be selecting up to 15 individuals (staff and non-staff) to assist in the application screening and interview process to be held on the dates listed below. If interested, please complete the following application. If you have additional guestions, please contact Robin Lindeen-Blakeley at rindeen@corbett.k12.or.us.

This completed/signed application must be returned to Robin Lindeen-Blakeley by January 11, 2022 at 5:00 pm. Screening committee members will be chosen by the board on January 19, 2022. Successful applicants will be contacted on January 20, 2022.

Address: Email Address:					
Category of	representation:				
-	_ High School Licensed Staff	Elementary Licensed Staff			
-	_ High School Classified Staff	Elementary Classified Staff			
	Middle School Licensed Staff	Licensed Administrator Classified Union Rep			
_	Middle School Classified Staff				
Confidential/Supervisory Staff Parent/Community Member		Licensed Union Rep			
		Other			
					
c	January 27, 2022 at 7:00 pm at ZOO person. February 2, 2022 at 5:30 pm at ZOO	ble to attend the following meetings OM online, or if COVID-19 protocols allow us to meet in of online, unless COVID-19 protocols allow us to meet in			
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c	January 27, 2022 at 7:00 pm at ZOO person. February 2, 2022 at 5:30 pm at ZOO person. February 15 - 19, 2022 (interviews) to	OM online, or if COVID-19 protocols allow us to meet in OM online, unless COVID-19 protocols allow us to meet in time and location T.B.D.			

2nd dose for kids will be given Thursday, Jan. 6 1st dose Thursday, December 9 2 pm – 5 pm

COVID-19 Vaccines for Kids ages 5-11

Location: Corbett Grade School



FOR CORBETT SCHOOL DISTRICT STUDENTS AND FAMILIES



FREE VACCINE.
NO INSURANCE
REQUIRED.
WALK-INS WELCOME.

A link to schedule an appointment will be available on or after December 1

Visit www.corbett.k12.or.us for more information

Here is a link to schedule an appointment: Immunize Oregon Clinic.

While walk-ins are welcome, scheduling an appointment is preferred.

GRADE SCHOOL WINTER STRINGS CONCERT

January 11th at 6pm

Dear Families.

Our new Grade School Winter Strings Concert date will be Tuesday, January 11th, 2022 at the large high school gym.

Arrival time is **6:00 P.M.** (tuning and warmups), the concert begins at 6:30 P.M., and will finish before 7:00 P.M. Also, we are being asked to do the following:

- 1. Attendees will be required to mask and to sit in family groups spaced apart from others.
- 3. **Concert attire** will be **solid colors** on the top and bottom (they don't have to match), and **nice shoes**. Skirts or dresses may be worn. No jeans.

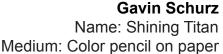
Thank you, all! Best Wishes, Mr. Blaeuer



CAPS ARTISTS

Rachel Gomez

I am Rachel Gomez and I made this art. I used Chrome canvas to make it, and I thought it was fun to make. A challenge I had is that I couldn't make enough separate layers to do a lot of detail, but I managed to switch it around a bit and it worked out. Something I would do differently is I would take more time on it instead of rushing the details. Otherwise, it's one of my favorite digital pieces of art.



I made this art piece for my art class with Mr. Long. I used a yardstick to make lines across the paper, and traced the shape of a piece of paper I had cut out with an exacto knife. I picked 4 random colors, red, orange, green, and blue, and arranged them in a random order, the one you see on the piece. When I got to the space of the traced cutout, I changed the order of the colors. I like how it stands out, but you also have to look at how it changes.



8/9 ACADEMY & HS STUDENTS of the MONTH - DECEMBER!



8th Grade: Elliot Greene - Thoughtful and engaged kid who makes a solid effort in class every single day. - Mr. Cooper

They are a positive energy in an otherwise chaotic (spirited) class. They have an innate curiosity for math-related concepts and I can typically see them working on puzzles in their mind. A real pleasure to work with! - Ms. Bassell

Elliot brings great energy and enthusiasm to yoga! - Ms. Ducey

Elliot, your creative focus is noticed in Art (the Cubism is there, I tell you) and your positive spirit at Cross Country this Fall was appreciated by all. Great job! - Mr. Young

Elliot was absolutely a gem in my online class last year! Always attentive, polite, industrious, and likeable by all. - Mr. Blaeuer



9th Grade: Kaylee Manriquez - Kaylee is a tenacious learner who enhances class discussion with thoughtful questions. She is determined to maintain academic success in high school to set her up for the best future possible. I am very proud of her. - Ms. Radulesk

Kaylee has been a pleasure to have in my class in 1st period. Not only do I appreciate her thoughtful questions and willingness to participate, but she always takes down the chairs in the morning and genuinely seems excited to be in class. - Mr. Aye

Kaylee, I see your hard work pay off each week in art. You've done a great job capturing proportion and shading, and you make us all feel like we are great teachers. - Mr. Young

Kaylee is an exceptionally hard worker and generous classmate. She is quick to help her classmates and is always patient. I appreciate her cheerfulness and her positivity. - Mr. Rondema



10th Grade: Gentry - Perceptive and deep thinker who asks excellent questions and has good insights into history and literature. - Mr. Cooper

An absolute joy to have in class! They are constantly contributing to class, helping others, and sharing memes with me! They are such a positive influence on students around them.
- Ms. Bassell

Gentry is amazing, kind, and funny. Gentry is a fantastic student with a natural curiosity about the world and some stellar yoga skills. - Ms. Ducey



11th Grade: Benji Lee - Benji is responsible, dependable, and he's an assertive communicator. - Ms. Sepulveda

Benji is kind, caring, and hardworking. I really enjoyed having him in class and always appreciate seeing him on campus because his smile lights up a room! - Ms. Radulesk

I'm so impressed by his determination and hard work in my class. I always say the best math student isn't the one with all the answers, it's the one that doesn't give up until they do! And Benji is certainly that type of math student. - Ms. Bassell

Benji stands out in class for his kindness, his respect, his attentiveness, his willingness...so many important and often under-valued things. He really is an exceptional student and person. - Ms. Spanjer

Benji is a phenomenal young man. His patience and diligence continually amaze me. I especially appreciate his calm demeanor. He is an integral part of our school community. - Mr. Rondema

continued on the next page...

8/9 ACADEMY & HS STUDENTS of the MONTH - DECEMBER, continued...

11th Grade: Benji Lee - I nominated Benji for student of the month due to his work ethic as a TA in the Grade School office. He treats his position in the Grade School like a job. He emails me when he is not going to be here and even asked if there was anything he could do at home when the HS was in remote learning. He always takes initiative and keeps busy when he is in the office. If he runs out of tasks, he always asks what else he can do. He is a pleasure to work with, always down to do whatever, respectful and responsible. If I was looking to hire someone for a job, I would hire him in a heartbeat. We are lucky to have him. - Ms. Evans

Benji Lee is a kind person, a hard worker, and he takes initiative to help out where needed. Each day Benji joins us with his positive attitude. He speaks kindly to those around him. When asked to complete a job, he does so with a high level of quality. Once he has completed an assignment, he asks, "what's next?" We are very fortunate to have Benji help in the grade school. - Mrs. Dawkins



12th Grade: Ari Yang - Ari is a great asset to our community. He often encourages and assists other students to join and participate in school activities. Ari always comes to class with a positive attitude and adds great perspective to our discussions. We are lucky to have him in our school. - Mrs. M. Davis

I'm so impressed not only with his ability to overcome learning in a second language, but with his ability to engage others around him as well! I can always count on him to focus his classmates near him and draw them into their work. He has such a positive and energetic attitude! - Ms. Bassell

Ari is a great student; he's hard working and respectful. I enjoyed having him in class his sophomore year. - Ms. Ducey

Ari, I really appreciated how you explored an entirely new way of painting for your AP Art Portfolio last year. Way to think outside the box! Also, you happen to be a really nice person and I notice people become their best selves when you are around. Kind of magical. - Mr. Young

IT'S TIME to ORDER SENIOR CAPS & GOWNS! Payments are due by March 17th

Online Purchasing:

- Go to https://www.mymealtime.com to set up an account (if you don't already have one)
- You'll need your student's school ID number
- Once logged in, select from the High School dropdown menu:
 Graduating Senior's Cap & Gown \$50.00
- MealTime will charge your debit/credit card and also add a 4.9% transaction fee

Prefer mailing a <u>check</u>? Please make it <u>payable to Corbett High School</u>, mail to: Corbett School District, attn: Erin Gibbs, 35800 E. Hist. Col. Riv. Hwy, Corbett, 97019 Cash can be brought to the high school office at the same address.

After you complete your payment method (\$50 each), please email Mrs. Gibbs to let her know your student's height and exactly how their name should appear on their diploma:

eqibbs@corbett.k12.or.us





The Corbett School District will join the other 196 school districts throughout Oregon to celebrate January as "School Board Recognition Month". School board members represent their fellow citizens' views and priorities in the complex enterprise of maintaining and running the community's public schools. They also reinforce the principle of local control over public education, which is an important, highly valued aspect of education in Oregon.

The school board's main goal is to support student achievement. To achieve that goal, the board focuses on the following needs:

- Creating a vision for what parents and citizens want their school district to become and how to make student achievement the top priority
- Setting standards for what students must learn and be able to do
- Assessing whether schools achieve their goals, and whether students are learning
- Accounting for the outcomes of decisions and by tracking progress and reporting results
- Aligning the use of the district's human and financial resources
- Creating a safe and orderly climate where students can learn and teachers can teach
- Collaborating to solve common problems and to support common successes
- Focusing on continuous improvement by questioning, examining, revising, refining, and revisiting issues related to student achievement

Even though we make a special effort during January to show appreciation for our school board members, we recognize that their contributions are a year-round effort. They are dedicated individuals who are committed to improving student achievement, and to fighting for the best for all of our students.

Many thanks to Michelle Vo (Board Chair), Todd Mickalson (Board Vice Chair), Bob Buttke, Katey Kinnear, Todd Redfern, Rebecca Bratton, David Granberg, and our student representative to the board, Galilea Rios-Schultz.

SOFTBALL OPEN GYMS

Corbett High School softball will host open gyms every Sunday from 10:00 AM to noon in the Corbett Grade School gym, starting Sunday, January 9th, 2022.



DIVERSE VOICES & ACHIEVEMENTS



January 1, 1863, the Emancipation Proclamation signed by President Lincoln went into effect. Slaves held within Confederate states that were not under Union control were officially freed. In reality, the South didn't have to follow Lincoln's order. Southerners saw themselves as having their own country with their own president, Jefferson Davis. That's why not many slaves were actually freed that day. After January 1, as Union troops won battles and took over Confederate territory, slaves there were freed. For other slaves freedom wouldn't come until 1865, with the 13th Amendment abolishing slavery.



January 1, 1892, Ellis Island opened. It operated as a federal immigration station in New York Harbor. On the first day almost 700 immigrants passed over the docks. Over the next year, more than 400,000 immigrants were processed at the station. Between 1892 and 1954, when it closed, more than twelve million immigrants passed through the U.S. immigration portal at Ellis Island.



<u>January 4th is World Braille Day.</u> It is an opportunity to raise awareness of the issues impacting those who are blind or visually impaired within our society. The invention of braille has transformed accessibility for those with visual impairments and promotes equal opportunities.



January 20th is Martin Luther King, Jr. Day. Reverend King was an American Christian minister and activist who became the most visible spokesperson and leader in the civil rights movement from 1955 until his assassination in 1968. He is best known for advancing civil rights through nonviolence and civil disobedience. Reverend King was awarded the Nobel Peace Prize in 1964.

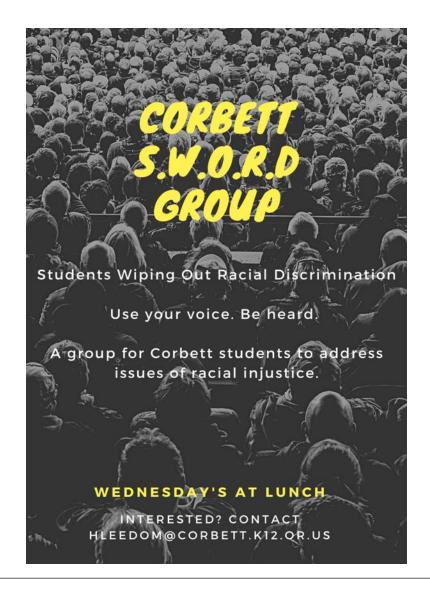
MLK Day is the only federal holiday designated as a national day of service to encourage all Americans to volunteer to improve their communities.



January 27th is International Holocaust Remembrance Day. It pays tribute to the memory of the victims of the Holocaust and reaffirms an unwavering commitment to counter antisemitism, racism, and other forms of intolerance that may lead to group-targeted violence. The date marks the anniversary of the liberation of the Nazi Concentration and Extermination Camp of Auschwitz-Birkenau by Soviet troops on January 27, 1945.

COMMUNICARE GRANT FOR S.W.O.R.D.!

The Harold & Arlene Schnitzer CARE Foundation is providing the Corbett S.W.O.R.D. group (Students Wiping Out Racial Discrimination) with \$200.00 in seed money to help meet their fundraising challenge as a new CommuniCare partner. CommuniCare will match each dollar raised by students 10:1! The money raised will then be distributed as grants to nonprofits and school-based programs in accordance with S.W.O.R.D. student decisions.



SPREADING HOLIDAY CHEER!



This year, Becky Young and Melissa Davis led our school district in serving families in need during the holidays. Mrs. Young and her class made posters to encourage others to donate non-perishable food and household goods like toilet paper and laundry detergent. Over the three weeks, students and staff were able to line the hallway of the grade school from end to end with supplies. The food drive was able to support five families from our school community this year.

In addition, Melissa Davis organized a toy and gift drive to make the holidays a little brighter for some families in our community. With the generous donations

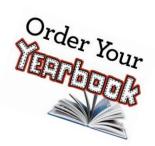
we were able to support over four families this year. Clothing, board games, soccer balls, and lots more were purchased, wrapped, and delivered to families to enjoy during our winter break.

Corbett School District is fortunate to have such dedicated staff and students. Their heart for service is a joy to see.

ORDER YOUR YEARBOOK!

Gr. 8 - 12 main campus yearbooks are \$37.00.

They can be purchased online via credit card with your MealTime account (4.9% fee incurred), or with Mrs. Gibbs via cash or check in the MS/HS office.



TRANSLATION SERVICES

Would you like to receive notices in other languages? Please fill out this form below. Хотите получать уведомления на русском языке? Хотите получать уведомления на русском языке? Пожалуйста, заполните эту форму ниже.

¿Le gustaría recibir avisos en español? Por favor complete este formulario a continuación.

Translation Request - Click here

Please contact Melissa Davis for more information.

Mdavis@corbett.k12.or.us





The following positions are currently available for the 2021-22 school year:

- Bus Drivers
- Substitute Bus Drivers
- K- 5th .85 FTE SPED Assistant I.

You can apply online at https://corbett.tedk12.com/hire/Index.aspx. If you have any questions please call Deputy Clerk Robin Lindeen-Blakeley at 503-261-4211.

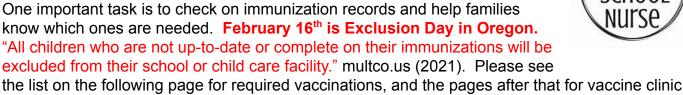
WELCOME BRIE WINDUST!

We'd like to welcome Brie Windust as the new business office assistant in the district office. She will be replacing Debbie Schneider who retired at the end of December. Brie brings a wealth of talent, a great knowledge of the Corbett community, and knows many of the students here.

Please join us in welcoming Brie to our team!

FROM the HEALTH ROOM...

Your health team at Corbett has been busy with many tasks to make sure the students and staff are staying healthy.





Debbie Baker, School Health Assistant, is happy to answer any questions regarding your specific student's immunizations that are not current. You can reach her at 503-261-4258.

Some of the doctor's offices have been offering drive through immunization and flu clinics. Also, the health room has information regarding School Based Health Centers where students can receive a variety of services. The number for the Reynolds School Based Health Center is 503-988-3340.

If you would like to know more information regarding common immunization concerns, log onto boostoregon.org. This resource can help answer questions about what ingredients are in vaccines, safety of vaccines, and timing of vaccines. Your health care provider will be able to answer specific questions regarding the best plan for your student.

Community online workshops are another unique feature that is offered on the <u>boostoregon.org</u> website. Boost Oregon states that, "Our workshops simply help families feel more empowered and informed about their children's vaccines, instead of confused and torn."

Wishing all our students, staff, and families a strong, resilient, and healthy 2022!

Julie Nakamura, RN

HAPPY NEW YEAR From THE CORBETT PTA!



locations.

Thank you to everyone who volunteered and donated to MOVE-A-THON! Natalie Frederick led such a great routine and even changed it up according to age group. The students had a great time and remarked many times how much they liked it this year.

Please support the Corbett PTA when you shop at Amazon: smile.amazon.com and select "Corbett Elem PTA"

There is a new Playground Committee being formed to shape how the school will be updating and improving the current playgrounds. If you want to be on the committee please email mdawkins@corbett.k12.or.us to let Michelle Dawkins know your interest.

Reminders:

- Upcoming PTA meeting is via Zoom on January 11th at 6:30 pm
- Follow us on Facebook at: https://www.facebook.com/Corbett-PTA-104602239580480
- Follow the grade school on instagram: https://www.instagram.com/corbett_grade_school

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Parents, don't let your child get left behind! School Year 2021-2022



Oregon law requires the following shots for school and child care attendance*

A child 2-17 months entering

<u>Child Care or</u>

Early Education needs*

Check with your child's program or healthcare provider for required vaccines

A child 18 months or older entering
Preschool, Child Care, or
Head Start needs*

- 4 Diphtheria/Tetanus/Pertussis (DTaP)
- 3 Polio
- 1 Varicella (chickenpox)
- 1 Measles/Mumps/Rubella (MMR)
- 3 Hepatitis B
- 2 Hepatitis A
- 3 or 4 Hib

A student entering Kindergarten or

Grades 1-6 needs*

- 5 Diphtheria/Tetanus/Pertussis (DTaP)
- 4 Polio
- 1 Varicella (chickenpox)
- 2 MMR or 2 Measles, 1 Mumps, 1 Rubella
- 3 Hepatitis B
- 2 Hepatitis A

A student entering

Grades 7-12 needs*

- 5 Diphtheria/Tetanus/Pertussis (DTaP)
- 1 Tdap
- 4 Polio
- 1 Varicella (chickenpox)
- 2 MMR or 2 Measles, 1 Mumps, 1 Rubella
- 3 Hepatitis B
- 2 Hepatitis A

^{*}At all ages and grades, the number of doses required varies by a child's age and how long ago they were vaccinated. Other vaccines may be recommended. Exemptions are also available.

Please check with your child's school, child care or healthcare provider for details.



Weekly Covid-19 vaccine clinics for ages 5 & older and their families



Call 503-988-5558 to schedule

Monday	Tuesday	Wednesday	Thursday	Friday
David Douglas HS	Cleveland HS	Centennial HS	Centennial HS	Franklin HS
1034 SE 130th Ave	3400 SE 26th Ave	3505 SE 182nd Ave	3505 SE 182nd Ave	5405 SE Woodward St
2:15pm-3:30pm	2:00pm-4:30pm	8:00am-10:15am	2:45pm-4:30pm	1:30pm-3:30pm
Jefferson HS	Parkrose HS	Franklin HS	Cleveland HS	McDaniel HS
5210 N Kerby St	12003 NE Shaver St	5405 SE Woodward St	3400 SE 26th Ave	2735 NE 82nd Ave
2:15pm-3:30pm	2:15pm-3:30pm	2:00pm-4:30pm	2:15pm-3:30pm	2:00pm-3:30pm
McDaniel HS	Roosevelt HS		David Douglas HS	Roosevelt HS
2735 NE 82nd Ave	6941 N Central St		1034 SE 130th Ave	6941 N Central St
2:15pm-4:30pm	2:15pm-4:15pm		8:00am-10:30am	8:00am-9:45am
Reynolds HS 1698 SW Cherry Park Rd 2:15pm-3:30pm			Parkrose HS 12003 NE Shaver St 3:00pm-4:45pm	Reynolds HS 1698 SW Cherry Park Ro 8:00am-10:30am
Here for \	<u>/OUt</u> h	Jefferson HS 5210 N Kerby St 2:15pm-3:30pm		

- . Open to all Multnomah County youth, ages 5 to 19
- · Youth under age 15 must be with a parent or guardian, or have written parental consent
- · No out of pocket cost and no medical insurance necessary
- · You don't need identification or a social security number
- · You don't need to attend the school where the center is located



COVID-19 PEDIATRIC AND SCHOOL VACCINE CLINIC



Beginning December 8, 2021

Offering:

- COVID-19 Pfizer vaccine to everyone in your family age 5 and older
- Childhood vaccines required by schools (available by appointment)
- Flu shots available for everyone age 6 months and older

WEDNESDAYS

Gateway WIC Building 131 NE 102nd Ave. Portland

Hours: 11 am - 2 pm, 3 pm - 6 pm

SATURDAYS

NE Health Clinic, WIC Office 5329 NE Martin Luther King Jr Blvd. #322 Portland

Hours: 9 am - 12 pm, 1 pm - 4 pm

*You do not need to be a WIC participant to attend these clinics.

We focus on reaching people who are Black, Indigenous, Latino, Pacific Islander, Asian, or other people of color, immigrants, refugees, and people without health insurance or a regular healthcare provider.

Appointments required for children aged 5 - 11. No appointment required for family members to receive the COVID-19 vaccine and flu shots. Call 503-988-8939 to make an appointment. More info available at: multco.us/vaccineclinics





MENTAL HEALTH & ADDICTION SERVICES: Multnomah County Mental Health Call Center



If you or somebody you know is having trouble functioning, Mental Health and Addiction Services is here to listen. Seek help by calling the Mental Health Call Center at 503-988-4888. Our team of mental health professionals is prepared to help anyone experiencing mental health issues at any time, in any language.

When you call the Call Center at 503-988-4888, you get:

- Free, 24/7 mental health support
- Interpretation services for non-English speakers
- Referral to low-cost or sliding-scale agencies
- Help finding mental health providers
- Information about non-crisis community resources

Urgent Walk-In Clinic

Need to meet face to face? Stop by our Urgent Walk-In Clinic. The clinic can help anyone experiencing a mental health crisis at no cost.

- Receive immediate care during a mental health crisis
- Speak to a psychiatrist or a mental health nurse practitioner
- Get help with medication and treatment

Location: Cascadia Behavioral Healthcare Urgent Walk-in Clinic

4212 SE Division St, Portland

Hours: Monday - Saturday 7 am-10:30 pm, Sunday 9 am-9 pm

You Are Not Alone

We know physical distancing creates increased concerns and there is help.





For a list of complete resources visit: oralert.gov/not-alone

All of these help lines offer translation services and are confidential.

- National Suicide Prevention Hotline: 1-800-273-8255
- National Domestic Violence Hotline: 1-800-799-7233
- RAINN National Sexual Assault Hotline: 1-800-656-4673
- Youthline: 1-877-968-8941 or TEXT teen2teen to 839863 Teens available 4-10pm Pacific Time.
- Oregon's SAFEline: 1-855-503-7233 (SAFE)
 Report abuse, neglect, financial exploitation or self-neglect of an adult or child.
- Aging and Disability Resource Connection: 1-855-673-2372 (ORE-ADRC)

For more resources, you can CALL: 211 or 1-866-698-6155. TTY: dial 711 and call 1-866-698-6155. TEXT: your zip code to 898211 (TXT211). EMAIL: help@211info.org

If you can't use this, maybe you know someone who can. Keep our communities strong

You can get this document in other languages, large print, braille or a format you prefer. Contact Oregon.MassCare@state.or.us. We accept all relay calls or you can dial 711.

DHS 2468A



FROM CHAMPS

Please help support the Corbett Class of 2022 with one or all of our upcoming fundraisers! CHAMPS is a group of parents whose goal is to fundraise and plan a safe, fun, and memorable Graduation Celebration for our graduating seniors this Spring! We hope that each senior family can help by supporting these fundraising efforts! Or if you rather, there is an Opt Out option where you could just donate money instead. Thanks for your support!

Order by Jan 15: Send \$ Via Venmo to @CorbettHighSchool-Champs

- Krispy Kreme Digital Dozen for \$11. Put your email in the comments of your Venmo payment. You will be emailed instructions.
- Jamba Juice BOGO Cards for \$10. This is for 7 medium drinks at \$4 each + 1 free small one! Put your address in the comments of Venmo Payment. We will mail the card to you.
- If you don't have Venmo, contact Cheryl at 503-314-9932.

Paint Night! Create Your Own Masterpiece!

- We supply the art teacher, supplies, and refreshments for a fun filled night in downtown Troutdale!
- Jan 29 from 6:30-9:30pm for Winter/Valentine's Day themed project.
- Register at https://bit.ly/2YVC61c. \$45 per person.

<u>SuperKids Resale: Donate your kids' stuff!</u>

- Donate any of your kids' toys, clothes, shoes, room décor, books, games, outdoor toys, and anything else related to kids (sizes 0-Jr). Home and household items are accepted, too!
- Just contact Susan at 503-866-1875 for pick up or drop off info.
- Next sale is April 5-10 in Gresham, but you can donate anytime.

Dining Out Fundraisers: Mark Your Calendars for the Following Dates

- Papa Murphy's on EVERY SECOND Friday of the month (731 NE 242nd): Jan 14, Feb 11, Mar 11, April 8, May 13. Use code "GIVE30" for online ordering or show attached flyer. 30% of proceeds goes to CHAMPS.
- Mod Pizza on Thursday, Jan 20 from 10:30am-10pm. Use code "GR207169C" for online ordering or just say you are with CHAMPS if ordering in store. https://www.groupraise.com/events/207169 for email reminder. 20% of proceeds goes to CHAMPS.

Donate Your Cans & Bottles!

- This is by far our biggest fundraiser! Just drop off your cans or bottles to the shipping container behind Liz's Coffee Cabin on the Historic Highway.
- We bag them up in our special bags and drop them off at the Bottle Return.
- If you want your own special bags to fill up, contact Wendy at 971-404-4373.

Fred Meyers Rewards

• Our easiest fundraiser! If you shop at Fred Meyer, a portion of your rewards can go to CHAMPS. You STILL get your rewards too! Just go to www.fredmeyer.com/communityrewards and search for CHAMPS or use KE978.

OR JUST DONATE! OPT-OUT OPTION

• Don't want to sell anything or don't have time? If you rather just donate money, that's great! Thanks for whatever you can afford. And your donation may be tax-deductible! Here is the opt-out form:

https://corbettchamps.wufoo.com/forms/z1puo0s91fz24od/

Interested in helping with the party planning or fundraising!?! We NEED more help! Contact Susan at 503-866-1875.

Next meeting is Jan 6!







Corbett High School Swimming

20% of event sales will be donated



When

Sunday, January 02, 2022 All Day: 10:00 AM to 10:00 PM

Where

Panda Express located at: GRESHAM STATION 1089 N.w. Civic Dr. #j1 Gresham OR 97030 (503) 665 - 9988

Online

How to Order

or



Bring paper flyer or show it on your smartphone

PandaExpress.com or the App. Enter 331654 in the fundraiser code box

Order ahead or on the event day Sunday, January 02, 2022



Health and Safety Committed to your health and safety. Panda Express is recognized as **America's safest restaurant brand.**

Participating fundraiser guests are required to present a valid fundraiser flyer (paper copy or digital image) with each order to receive credit towards the fundraiser. Flyers may not be distributed inside or within the vicinity of the restaurant including, without limitation to, the restaurant parking lot before or during the fundraiser. Panda Restaurant Group reserves the right cancel any and all fundraiser events for any reason and/or withhold payment of associated donation, if the Panda Restaurant Group Fundraiser Guidelines are not followed.

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Corbett High School CHAMPS

HOW:

Order online at PapaMurphys.com

Enter this code at checkout: GIVE30

WHEN:

Jan 14, 2022

WHERE:

Troutdale Papa Murphy's Pizza

731 NE 242nd ave

Wood Village, OR 97060



Papa Murphy's will donate 30% of your online purchases to the fundraising organization using code GIVE30 at checkout.



Looking to raise money for your organization? Contact your local Papa Murphy's to get started!



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Thank You East County Community. We Wish You Peace and Prosperity.

We appreciate the many years, of supporting our events that helps our youths and families.

